

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

HOT OR COLD CEREAL **1**  
BANANA BREAD  
BERRY PARFAIT  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

POTATO BOWL; EGGS, **2**  
CHEESE,  
BACON BITS W/ TOAST  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

FRENCH TOAST **3**  
SAUSAGE LINK  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

FISH HASH W/ TOAST **4**  
HARD BOILED EGGS  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

PANCAKE ON A STICK **7**  
APPLESAUCE CUP  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

HOT OR COLD CEREAL **8**  
DONUTS  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

SCRAMBLED EGGS W/ **9**  
CHEESE  
HASHBROWNS AND TOAST  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

WAFFLES W/ SAUSAGE LINK **10**  
STRAWBERRY CUP  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

BREAKFAST FRIED RICE **11**  
TOAST  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

**14**  
NO SCHOOL  
INDIGENOUS  
PEOPLE'S DAY

HOT OR COLD CEREAL **15**  
MUFFINS  
BERRY PARFAIT  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

POTATO BOWL W/ EGGS, **16**  
CHEESE AND TOAST  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

PANCAKES **17**  
APPLESAUCE CUP  
SAUSAGE LINK  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

BREAKFAST BURRITO W/ **18**  
EGGS, POTATOES, CHORIZO  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

WAFFLES W/ SAUSAGE LINK **21**  
STRAWBERRY CUP  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

HOT OR COLD CEREAL **22**  
CINNAMON ROLL  
BERRY PARFAIT  
BAGELS W/ CREAM CHEESE  
FRESH FRUIT  
MILK

SCRAMBLED EGGS W/ **23**  
BACON BITS, HASHBROWNS  
TOAST  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

FRENCH TOAST **24**  
SAUSAGE LINK  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

BISCUITS AND GRAVY **25**  
HARD BOILED EGGS  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

PANCAKE ON A STICK **28**  
APPLESAUCE CUP  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

HOT OR COLD CEREAL **29**  
BANANA BREAD  
BERRY PARFAIT  
BAGELS W/ CREAM CHEESE  
FRESH FRUIT  
MILK

POTATO BOWL W/ EGGS, **30**  
SAUSAGE BITS AND TOAST  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK

WAFFLES W/ SAUSAGE LINK **31**  
STRAWBERRY CUP  
YOGURT CUP  
BAGEL W/ CREAM CHEESE  
FRESH FRUIT  
MILK



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

PIZZA OR **1**  
PRETZEL W/ CHEESE CUP  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

CHICKEN DRUMSTICKS **2**  
MASHED POTATOES  
A ROLL, ROASTED SQUASH  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

TERYAKI CHICKEN **3**  
RICE OR NOODLES  
MIXED VEGGIES  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

PULLED PORK W/ CHIPS **4**  
BAKED BEANS AND  
COLESLAW  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

CHICKEN ALFREDO **7**  
BREADSTICKS  
BROCCOLI  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

PIZZA OR **8**  
PRETZEL W/ CHEESE CUP  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

ROASTED TURKEY **9**  
MASHED POTATOES W/  
GRAVY, STUFFING, CORN ON  
THE COB  
SANDWICHES  
SALAD BAR  
FRESH FRUIT, MILK

TOMATO SOUP **10**  
GARLIC CHEESE BREAD  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

CHICKEN BURGER **11**  
CHIPS OR  
CHICKEN & WAFFLES  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

**14**  
NO SCHOOL  
INDIGENOUS  
PEOPLE'S DAY

PIZZA OR **15**  
PRETZEL W/ CHEESE CUP  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

CHICKEN STRIPS **16**  
A ROLL, GREEN BEANS  
MAC & CHEESE  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

SWEET & SOUR CHICKEN **17**  
RICE, AND BROCCOLI  
EGG ROLLS  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

HOT DOG W/ CHILI **18**  
BAKED POTATO W/ A ROLL  
CHIPS  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

CHICKEN ALFREDO **21**  
BREADSTICKS  
ROASTED SQUASH  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

PIZZA OR **22**  
PRETZEL W/ CHEESE CUP  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

POPCORN CHICKEN **23**  
MASHED POTATO W/ GRAVY  
CORN W/ A ROLL  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

NACHO'S OR BURRITO **24**  
SPANISH RICE, REFRIED  
BEANS  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

HAMBURGERS **25**  
CHIPS  
BAKED BEANS  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

GOULASH W/ A ROLL **28**  
CORN  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

PIZZA OR **29**  
PRETZEL W/ CHEESE CUP  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

CHICKEN DRUMSTICKS **30**  
MASHED POTATOES  
ROASTED SQUASH  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

TERYAKI CHICKEN **31**  
RICE OR NOODLES  
MIXED VEGGIES  
SANDWICHES  
SALAD BAR  
FRESH FRUIT  
MILK

