

# LUMMI BEHAVIORAL HEALTH

WE ARE HERE FOR YOU



## Contact Us

Please reach out to us to learn more about our services and scheduling at (360)312-2019

## Scheduling

We are still accepting appointments for telehealth services and operating a full compacity

## Telehealth

To accomodate the safety of our clients we now offer counseling sessions through telephone and Zoom Video Calling

## Support Groups

For more information about the different support groups **Find us on Facebook and Instagram:** @lummiprojectaware or call us!

# Services

- Peer Support Services
- Individual, Couples, & Family Mental Health Therapy
- Parenting Education Services
- Behavioral Accountability Program
- Support Groups
- Lummi Counseling Services (CARE)
- Individual Substance Use Disorder Counseling
- Substance Use Disorder Group Counseling
- OTP (suboxone)
- Available tele-health AA support groups
- Local Education Agencies Project Managers in Bellingham School District, Lummi Nation Schools, and Ferndale School District.

- Connection to Mental Health Resources, Community Resources, and Education Resources
- Self-Sufficiency Development
- Youth Leadership Development
- Cultural Connections
- Canoe Journey Preparation
- Family Connection
- Parent Child Interactive Therapy
- Positive Indian Parenting
- Incredible Years
- Crisis Outreach
- Case Management
- Healing of the Canoe Curriculum
- Youth Mental Health First Aid

